

Northwest Region CHNS & CHPS Report – August 2013

Candace White

- Dover Health Fair for school district staff, tobacco displays with jar of tar and interactive game with spin smart board. Distributed quitline referral cards and fax forms- approximately 150 people attended event.
- Fall Nurse Workshop at Arch Ford with 80 attendees- CNEs offered to nurses- Presentations included 100 years of Public Health, Tobacco Education, Skin Conditions, Teen pregnancy/STDs/Sexuality, Eating Disorders, Arkansas Health Connector, and School health updates. Assisted with the Back to School Workshops at WAESC, OUR and NAESC Co-op.
- Health Connector Presentation to Board of Directors for School Based Health Alliance of Arkansas
- Vision and Hearing training for school nurses with CNEs awarded for training at Arch Ford Co-op
- Asthma training provided for staff at Westside Greer's Ferry School District including recognition, management, and handling emergencies.
- Health and Hygiene presentation presented to approximately 420 Russellville Middle School students and staff
- Health Connector Presentation to Sebastian County Health Unit Employees

Sarah Brisco

- Assisted Facilitating the Nurse Workshops in each NW Co-op. Each workshop provided tobacco education and information to all nurses in the workshops. Topics covered: Tobacco Education, 100 years Public Health, Eating Disorders, Social Media, Skin health and Health Marketplace (4 workshops)
- Provided Eating Disorders presentation for Nurse Workshops in all co-ops in the Northwest Region (4 presentations)
- Met with Benton County Extension about providing TA to Bentonville Schools for SHI and wellness committees.
- Contacted Harrison School District to provide assistance with SHI
- Met with CHNS in NW Co-op to complete binders for Vision and Hearing Screenings
- Assisted in putting together 350 binders for Back to School Workshop

Northwest Region CHNS & CHPS Report – August 2013

Nancy Marsh

- Got Collaterals from TPCP to use at all 4 NW Region, School Nurse Workshops – 350 items to give away – SOS and STOP lanyards
- Printed in color, 100 Years of Public Health – Tobacco for all NW Region School Nurse Workshops – put in all the participants notebooks – 350 copies.
- NWA School Nurse Workshop – 132 school nurses, total 165 people. Gave Paula's presentation about rules; regs. Laws. Agenda had presentations on Spit Tobacco; 100 Years of Public Health; HCO; Preventing Active Shooter; STD and LGTB; Dermatologist; Eating Disorders; and Rules and Regs for School Nurses from Paula, Exhibitors were; MERCK – HPV; Medimmune – Flu Mist; Pernix – Lice Treatment; DDS- Children's Medical Services; Ronald McDonald Mobile Dental Unit; ADH Preparedness; ACH Injury Prevention; Food Allergies; MacGill School Nurse Supply; Medicaid in the Schools; Hope Cancer Resources – Skin Cancer prevention; Tobacco Prevention – interactive booth manned by NW region staff. 2 exhibitors from out of state – Dallas and Chicago
- Helped with Madison County Health Coalition Fundraiser – helped set up; worked the event; MC at event; helped to clean up – helped to raise over \$2500.
- Wrote and received grant for Arkansas Cancer Coalition for Sun block samples to use at all 4 NW Region School Nurse Workshops - \$470
- Worked with partner from NWTRAC – MERCY hospital from Springfield to get donation of over 300 t-shirts for teen summit – “Click it” message on shirts.
- Technical assistance on A-train for 132 nurses who attended NWA School Nurse workshop – average 5-10 emails /per day with questions regarding A-train

Cheria Lindsey

- Presented Vision and Hearing Training for New School Nurses at the NW Cooperative in Farmington, included tobacco cessation and second-hand smoke consequences, 19 participants

Northwest Region CHNS & CHPS Report – August 2013

- Presented School Nurse Overview and Screenings in Schools for the North Arkansas College Nursing Students in Harrison, 35 – 2nd year nursing students
- Partnered with Miranda Curbow to provide 2 presentations (am and pm) on the Role of the CHNS at the State CSH Coordinator’s meeting in Little Rock
- Assisted with Personal Care Training with Harrison School District
- Six Days of CPR/AED/FA classes/trainings for the Programs/staff with OUR Cooperative with a total of 58 participants. Educated on the harmful of effects of tobacco and the “Get In” summary for participants
- Assisted with preparation and facilitation of Back to School Workshops” in the NW Region and presented “Nicotine and Tobacco” to the school nurses for approximately 410 participants
- Visited and provided technical assistance to 5 new nurses at several schools in the OUR Educational Cooperative

Miranda Curbow

- Planned and facilitated WAESC School Nurse Workshop including spit tobacco presentation by CHNS, Materials and information given on Quit line and ACT 811- Assisted with Arch Ford, NWAESC, and OUR Co-op school nurse workshops- Approximately 410 participants total at workshops.
- Back to sleep presentation at Sebastian County that included Act 811, pregnancy and smoking and quit line
- Health Connector Presentation that included tobacco education: quit line, disease burden, and consequences that occur with Health Care.
- Hearing training presented to school nurses at the WAESC Co-op. Education included the dangers of second hand smoke. Information given on quit line and ACT 811- Vision training for school nurses at Co-op.
- HCO presented at 3 of the Back to School workshops to approximately 410 people. In addition, I assisted in giving School nurse updates in all 3 of the co-op workshops (excluding mine).
- Health Connector Education Presentation at the Donald W. Reynolds Cancer Support House

Northwest Region CHNS & CHPS Report – August 2013

- Partnered with Cheria Lindsey to present on the Role of the CHNS at the Statewide CSH Coordinator's Meeting. (Am and PM presentation)

Christine McKnelly

- Presented at Coordinated School Health Coordinator's meeting on the role of the CHPS (two presentations,) estimated 60 school staff in attendance (30+ in attendances for each session). I developed the presentation with input from Tanisha Richardson and focused on unique ways schools can improve SHI compliance, Wellness committee participation and wellness projects through technical assistance from CHPS
- Led meeting with Hewlett Packard wellness committee coordinator and Marketing Director re: how to improve worksite wellness. Stressed importance of assessment and evaluation of nutrition, physical activity and tobacco practices and policies. Discussed ideas to increase employee physical activity and nutrition through best practices and promising practices. Shared and discussed assessment tools. shared other resources inside and outside the health department
- Serving as Co-coordinator with UCA's dietetic intern director for the first Cooking Matters for Families in Conway. Met with 10 dietetic interns, internship director and representative from cooking matters for an orientation, supermarket tour and planning for the Conway event. Will serve an estimated 15 adults and 15-30 children with 6 sessions, including one supermarket tour, re: healthy eating. Fire prevention equipment to be provided; grant sponsorship obtained from Central Region HHI. A project of the Faulkner County Healthy Weight Coalition (I founded in 2010/currently serving as Past-President.)
- Spoke with 40+ nurses at booth re: work of CHPS and HHI at Arch Ford Co-op Back to School Workshop
- Spoke with 20+nurses at booth re: work of CHPS and HHI at Western Co-op Back to School Workshop
- At Dover teacher fair; provided BMI, body fat analysis, discussed SHI and CHPS role/availability. Discussed ideas for worksite wellness using Blue &

Northwest Region CHNS & CHPS Report – August 2013

You Fitness Challenge. At least 5 staff and the wellness coordinator would like to pursue the Fitness Challenge with my help this year

- Presented Arkansas Health Connector at Petit Jean Electric in Clinton (Van Buren County) for approximately 20 participants